

A Guide from the Wellness Center Student Counseling Room

April, 2025
Keio University Shonan Fujisawa Campus(SFC)

*The staff at the Wellness Center aim to provide comprehensive assistance and to resolve with our students any problems they may encounter, so that our students may enjoy and get the most out of their time on campus.

*Whether about academics or your future, regarding relationships of family, friends or significant others, or concerning anxieties of a general nature, please feel free to visit us with problems regarding any aspect of your student life.

*Strict confidentiality will be maintained.

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Contact Information for Appointments and Inquiries :

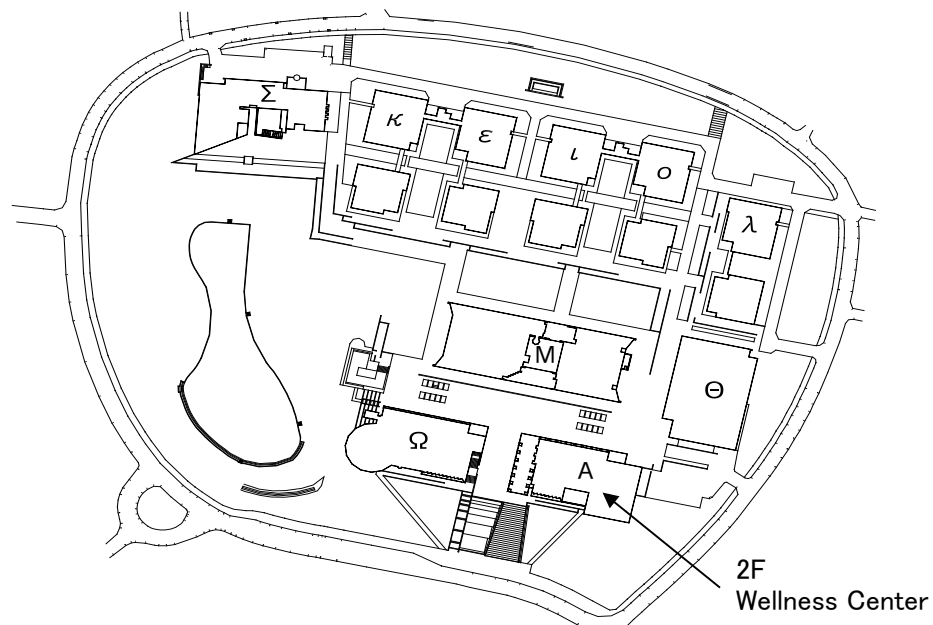
Reception : Weekdays 9am-5pm

Location : Alpha Building (Main Building), 2nd Floor

TEL : 0466-49-3411

Email : gakuseisoudan@sfc.keio.ac.jp

HP : <https://counseling.sfc.keio.ac.jp/english.html>



Counselor Office Hours

| | Mon | Tue | Wed | Thu | Fri |
|-----------|---|---|---|--|---|
| Hours | Morning 9:00-12:00 Afternoon 1:00-5:00 | Morning 10:00-12:00 Afternoon 12:00-5:00 | Morning 9:00-12:00 Afternoon 1:00-5:00 | Morning 9:00-12:00 Afternoon 12:00-5:00 | Morning 9:00-12:00 Afternoon 1:00-5:00 |
| Counselor | Sadayasu Suzuki Onishi Onoda | Suzuki Shimura Kurokawa* | Suzuki Onishi Kurokawa* | Suzuki Kunitomi* Onoda | Sadayasu Shimura Yamada |

•The Student Counseling Room is closed on Saturdays.

•If your schedule does not permit otherwise, it is possible to schedule an appointment during lunch hours.

•Online correspondence is also available.

* Counseling in English is available as well, indicated by the asterisk.

<Our Counselors>

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| Akiko Onishi | : I practice psychological counseling in the field of parenting and education after some experience at medical and welfare areas. I enjoy physical activities such as tennis, badminton, and mountaineering. |
| Naoko Onoda | : I work at a mental hospital as well. I hope to assist individual students in achieving purposeful campus lives. |
| Kanako Kunitomi | : I'm clinical psychologist licensed in California, U.S. I received training in US and provide psychodynamic oriented psychotherapy in both Japanese and English. |
| Takanori Kurokawa | : I'm a clinical psychologist licensed in the state of California, US. I provide psychodynamic psychotherapy in both Japanese and English. My specialties include multicultural adjustment issues, anxiety, depression, personality disorders, and romantic relationship/couples therapy. |
| Gen Sadayasu | : A graduate of SFC, I lecture Shinshin-Wellness and Kokoro no Exercise. I enjoy watching movies, outdoor activities and practicing yoga at home. |
| Yuko Shimura | : I work at a hospital and a clinic as well. My hobbies are gardening, tennis and reading. |
| Sonomi Suzuki | : I work in the field of medicine and welfare. In the welfare field, I have worked with women and children. I enjoy making preserved foods and doing Yoga. |
| Kazuko Yamada | : I became a clinical psychologist after 15 years of a company employee. I'm engaged in the field of childcare & education as a counselor after some experience in the medical field. I'm interested in group dynamics & interpersonal relationships besides individual mental problem. |